

Intervention for Social and Behavioral Scientists

Goals

A graduate-level course which provides an introduction to the process of planning, developing, implementing and evaluating an effective public health intervention. The students learn how to understand and respond to the needs of a designated community partner in order to structure an appropriate intervention that will meet their needs. All course work is immediately applied to a real life public health situation through this service-learning course.

Service Learning

This course has an 'S' designation, indicating it is appropriate as a service learning course, in which there is meaningful learning from community partners and learning applied from course content to practice. Another essential element of service learning is that it needs to be a reciprocal relationship in which both the students, class, and community partners benefit from the collaboration.

Completed Projects

- Mindfulness intervention for school children
- Structured activity resource for an afterschool program
- Self-care guide for parents and grandparents during COVID-19
- Technology workshop for assisted living center residents
- Menstrual cup workshop for college students to increase use
- Communication campaign for local food pantry to increase funding

Current & Future Directions

- · Currently offered to all MPH students, regardless of concentration
- Moved from 1 service learning partner per course to 2-4 depending on student enrollment
- Offered online to MPH and MS students across the country
- Make repository online of all projects to offer more widely to community